

Welcome to Walrath Woods

Strong's first conserved property and public trail, Walrath Woods protects 1.7 miles of Sandy River frontage and offers recreation year-round.

The Sherry Walrath Memorial Trail honors Sherry Walrath (1937–2025), whose love for this land helped inspire its conservation and will keep it open for generations to come.

Plan Your Visit

Trailhead and Parking:

- North Trailhead: 168 S. Strong Rd
- South Trailhead: 489 S. Strong Rd

Trail Length: One mile, one way

Trail Description: The Sherry Walrath Memorial Trail is as an out-and-back walk through red pine trees and ferns.

Difficulty: Easy

Guidelines:

- Practice Leave No Trace
- Non-motorized use only
- Respect our neighbors
- No fires
- No overnight camping

Support Walrath Woods

Volunteer. Donate. Get involved.
Visit HighPeaksAlliance.org or scan the QR code.



High Peaks Alliance

High Peaks Alliance works to keep the High Peaks Region open to use through conservation, access, and collaboration.

Contact Us

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WALRATH WOODS

FEATURING THE SHERRY WALRATH MEMORIAL TRAIL

STRONG, MAINE



Following the Sandy River, this property offers recreational opportunities year-round.

[HIGHPEAKSALLIANCE.ORG](https://HighPeaksAlliance.org)



Walrath Woods & Sherry Walrath Memorial Trail

Legend

-  Hiking Trail
-  River/
Stream
-  Conserved
Land
-  Trailhead
Parking

Property Extent

